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Alburgh Springs.

Lithia and Sulphur
WATER.

History, Analysis, Testimonials,
Etc.

W. SEARS, Proprietor

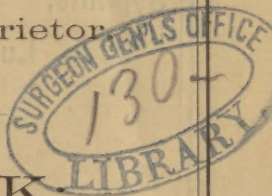
NEW YORK.

SOLD BY

HOYT, BLANCHARD & CO.,

203 GREENWICH STREET.

1871.



Boston, 1871

The Alburgh Springs Water

WILL CURE

Rheumatism,

Gravel,

Dyspepsia,

Gout,

Tumors,

Kidney and Liver Complaints,

Diabetes,

Costiveness,

Leprosy,

Syphilis,

Lupus,

Dropsy,

Salt Rheum,

Piles,

Female Complaints,

Sore Eyes,

Catarrh,

Scrofula,

And all Skin diseases and derangement of the blood.



HISTORY OF THE SPRINGS.

THE Alburgh Springs are among the oldest-known Medicinal Springs in America, and possess a deeply interesting traditional history, verified by authentic records.

They were discovered by the early settlers in Northern Vermont nearly a hundred years ago; and we learn from old letters and diaries still extant, as well as from local tradition, that their waters were not less efficient in the cure of diseases then than now, nor less highly prized by the sick.

Until the past two years no effort has been made to introduce the water to the general public. Not a word has been spoken or syllable written upon it by way of advertisement; yet these springs can undoubtedly show to-day a longer and more interesting record of cures, performed by their waters, than any others in this country. They have won their high reputation solely by their own unrivalled excellence.

This reputation, at first local, springing up naturally around the springs where the water was being constantly tested by the sick, and not manufactured at a distance from them, by dint of advertising, has steadily increased, expanding on every side in an ever-widening circle, until now thousands, who never saw the springs, drink the water daily at their homes, while the springs themselves are thronged with health-seekers from all parts of the country through the summer months.

Alburgh as a Summer Resort.

Few inland watering-places offer more inducements to Summer Tourists than these springs.

They are particularly alluring to those who prefer the healthful sports, beautiful scenery, perfect air, and pastoral repose and simplicity of the country through the summer months, to the bustle and glitter of more fashionable centres.

The location of the springs is surpassingly beautiful. They are situated in the village of "Alburgh Springs" (named from these fountains), near Missisquoi Bay, Grand Isle Co., Vt.; one mile distant from the Vermont and Ogdensburg Railroad, and sixteen miles from St. Albans.

The surrounding scenery is of the finest in New England. Hundreds of tourists can testify to the picturesque and enchanting beauty of its varied lake and mountain scenery, and to the unrivalled charms which Alburgh offers as a place of Summer Resort.

Among the mass of matter written upon this topic by the numerous artists and travellers who have visited here, the following extract from a letter clipped from the "Boston Traveller" seems most pointed and truthful:—

A NEW SUMMER RESORT.

ALBURGH SPRINGS, VT.

Although the place at which I am at present sojourning may not be so familiar to many of your readers as Saratoga or Newport, yet it certainly is destined to become one of the most attractive of all our Summer Resorts.

It has every natural requisite which a first-class watering-place in the interior should possess, — the lakes, the mountains, the charming drives, the picturesque scenery and homelike hotels now opened. Of far greater importance to the health-seeker, it has the best mineral springs in America, and, if the repeated statements of the first physicians in Boston and New York are to be credited, the best in the world.

There are, they say, none in America possessing such efficient and varied healing properties. One needs only to drink the waters himself, or observe their effect upon others, to be convinced that they are right.

I find parties here rowing and sailing in the bay, fishing, etc., seeming more like athletes than invalids, who assure me that for years they had been the victims, some of scrofula, some of kidney affection, and others of rheumatism, etc., and had sought relief in vain until they came here.

The air here is very cool and bracing. Though I see the mercury quoted as standing at 90° to 96° in Boston, I cannot realize here that we are yet having any warm weather. The refreshing breezes from up the long sweep of Lake Champlain, which gratefully fan us every afternoon, make us forget that we are in the midst of a sultry summer and that dog-days are near at hand.

Yesterday I had the pleasure of disporting myself in a trim little yacht on a bay. The scenery I shall not attempt to describe; it is of the kind which to be appreciated must be seen, etc.

The numerous and select circle of visitors which throng this place every summer sufficiently attests its growing popularity as a Summer Resort.

Chemical Properties of the Water.

Various analyses have been made of this water by distinguished chemists, with a view to ascertain, if possible, the secret of its remarkable curative powers. And although it is now generally conceded by physicians, that a chemical analysis affords no sure test of the medicinal effects of natural mineral waters, yet the analysis of this water presents such remarkable features to those familiar with the subject, that we print the following copy of a late report for the satisfaction of the curious:—

Certificate of Analysis of Alburgh Spring Water,

BY PROF. CHAS. F. CHANDLER,

OF COLUMBIA COLLEGE, N. Y.

DEAR SIR:—The Sample of Water from Alburgh Springs, Vt., marked "Alburgh Spring Water," submitted to me for examination, contains

POTASSIUM,	STRONTIA,
SODIUM,	CHLORINE,
LITHIUM,	SULPHURIC ACID,
LIME,	CARBONIC ACID,
MAGNESIA,	SILICA.

These exist in the form of the following Compounds:—

CHLORIDE OF POTASSIUM,	BICARBONATE OF LIME.
CHLORIDE OF SODIUM,	BICARBONATE OF STRONTIA,
SULPHATE OF POTASSA,	BICARBONATE OF MAGNESIA,
BICARBONATE OF LITHIA,	SILICA.
BICARBONATE OF SODA,	

The peculiarities of the Water consist in its containing

BICARBONATE OF LITHIA,
BICARBONATE OF MAGNESIA,
BICARBONATE OF LIME.

I am, dear sir, yours truly,

CHARLES F. CHANDLER,

PROFESSOR OF ANALYTIC AND APPLIED CHEMISTRY.

LABORATORY OF THE SCHOOL OF MINES,
COLUMBIA COLL., Oct. 31, 1868.

The most interesting feature of this water, viewed from the chemist's stand-point, and aside from its practical influence upon disease, are its distinctly alkaline character, and the presence in it of the Carbonate of Lithia. This last element has, as is well known in medical circles, excited great interest of late, as a peculiarly valuable remedy in a large class of diseases, hitherto overlooked or unappreciated; and the success attending its use seems to justify the high esteem in which it is now held by the medical world.

This new remedial agency is prescribed chiefly in diseases resulting from excess of uric acid in the system, among which are now classed most forms of rheumatism, gout, indigestion, urinary calculus, and derangement of the functions of the liver and kidneys. This acid, combining with the alkalies of the human body, forms a compound called urates, which is the direct cause of stone in the bladder, and of the chalk-stones sometimes observed in rheumatism and gout, — these being nothing more than urate deposits. And it is observable that the diseases above indicated, for which Lithia is now prescribed with measurable success, are the very ones among others which this water almost invariably cures. Whether the remarkable effects of the water in this direction are owing to the influence of this new agent of the *Materia Medica* is a question rather for the curious physician than the invalid patient; this, however, is the hypothesis now adopted by most practitioners.

But, in contemplating this characteristic of the water, we must not overlook other properties quite as interesting to many of the sick, and which render the water equally valu-

able in other directions. Prominent among these are Sulphur, Lime, Potassium, and Magnesia, all of which, compounded by nature's unerring skill in her own secret laboratory, contribute to the peculiar efficacy of this water, and make it one of the choicest boons of a kind Providence to suffering humanity.

The similarity existing between the Alburgh Water and that of the celebrated Vichy Springs in the south of France is often noticed by those familiar with both waters, and it is an ascertained fact, that the record of cures of the latter spring are almost identical in character with those of the former.

A close resemblance has also been traced between these springs and those of Baden Baden, and other renowned European springs, by those who have given the matter careful research; but it is foreign to our present purpose to do more than allude to this resemblance here.

Upon What the Reputation of the Alburgh Water is Based.

It should be distinctly observed that the reputation of this water does not rest upon the theories of chemists, or the predictions of physicians, as to what it *ought to cure*, but upon the *actual facts* of what it *has cured* and *is daily curing*.

The sick are not asked to entrust their cure to this water, because of its resemblance to the springs of the Old World, nor because this or that eminent physician declares it adapted to such and such diseases. The statements and opinions of reliable medical men are given because they harmonize perfectly with the facts of cure proven, and in the minds of some may help to strengthen and confirm them. *But the sick are asked to use this water with fullest assurance of happy results, because of the proven fact that hundreds of sufferers have been cured by it of the worse forms of the several diseases for which it is here recommended.* Physicians and chemists examine the water by scientific tests, and say it *ought to cure* such and such diseases. This is very well so far as it goes; and if these springs were but newly discovered, invalids might properly be invited to use the water on the recommendation of intelligent physicians just

as they would any other medicine, and either confirm or disprove their opinions by its experimental effect.

But the case with this water is far different. It has long since passed triumphantly all experimental tests; and the confident predictions of scientific men, as to its merits, have been more than realized.

It has now become, after three generations of noiseless and unobtrusive yet most efficient use, *a recognized and standard specific for a large class of diseases*; and the patient who takes it for any of the complaints for which it is here recommended, may do so with as much confidence as he would the simplest household remedies. It is recommended for nothing which it will not cure, and every statement here made concerning it the proprietor holds himself personally bound to prove. The certificates of cure inserted here are all, both professional and non-professional, from thoroughly reliable men, — many of them holding the highest positions in social and professional life. These certificates are printed with their cordial assent, and, in several cases, by their express wish, and the author of each one holds himself ready to verify his statements in the fullest and most satisfactory manner.

What the Water Cures.

The Alburgh Spring Water (unlike some mineral waters now before the public) does not cure all the ills that flesh is heir to. It has, however, its recognized and legitimate place in the *materia medica*, and a place, too, which, it is believed, no other remedial agency can fill with equal efficiency.

We have before intimated some of the general classes of disease to which this water is peculiarly adapted, and for which it is regularly prescribed by our best physicians.

We will now consider these more in detail, supporting each statement by the combined testimony of physicians and patients.

Scrofula.

This, in some of its multifarious forms, is perhaps the most common and wide-spread of all modern diseases. Being both hereditary in its nature and easily induced in the system by improper living, it has come to be, in some

form, well-nigh universal. Often where it does not manifest itself openly, its lurking presence in the blood is the secret cause of numerous ills with which it is not suspected of having any connection.

With any considerable taint of Scrofula in the system it is impossible to enjoy good health. Weakness and soreness of the throat, swelling of the glands in the neck, irregularity of appetite, weak or inflamed eyes, premature baldness, inelasticity of the skin, and often pulmonary consumption, and the worst forms of dyspepsia, result from scrofulous taint in the system without any outward sore or eruption. These are trite facts to every medical man. But the shape in which this disease is oftenest recognized by the non-professional eye, though not so common, nor perhaps so dangerous as its other manifestations, is that of cutaneous eruptions and flesh or bone sores.

In whatever form, however, this disease may manifest itself, the *Alburgh Water* effects its speedy and permanent cure.

Statement of Dr. Chandler on this Point.

Dr. J. L. Chandler, of St. Albans, widely known as one of the oldest and most successful physicians in Vermont, in an interesting article upon these springs, says: —

My attention was first directed to this water by my father, the late Dr. Benjamin Chandler, some fifty-five years since, while I was yet a medical pupil in his office. He had great confidence in its medical efficacy in the cure of Scrofula, Salt Rheum, and Kidney Complaints, and I am certain that his confidence was not misplaced. I am, and have been for many years, in the habit of recommending it to a large class of patients whose ailments obstinately resisted my own prescriptions. In the great majority of these cases entire relief has been the result, while but very few have failed to derive more or less benefit from its use. Its effect upon Scrofula marks it as a specific for that disease.

To the inquiry as to what class of remedial agencies these waters belong, I can only say, I think they are alterative, stimulating and tonic. An eminent medical writer defines alteratives thus: those substances “which change, in some *inexplicable* and insensible manner, certain morbid actions of the system.” If the Alburgh Water is an efficient alterative it must also become, indirectly perhaps, both stimulating and tonic. It is no less true of many other remedies in use by physicians, than of mineral waters, that they “change, in some *inexplicable* way, certain morbid actions of the system.” Consequently, our practice must, to some extent, be *empirical*, — justified by experience, rather than by absolute science.

I certainly regard the Alburgh Spring Water as a valuable addition to our *materia medica*.

Such testimony, from such a source, might alone be deemed conclusive on this point, but it will be further seen that, in making the above statement, Dr. Chandler only expresses the uniform opinion of his profession.

The following extract from a letter of Dr. H. H. Reynolds bears also directly upon this point:—

ALBURGH, VT., June 20, 1868.

DEAR SIR:—I am in receipt of your note of the 16th inst., asking my opinion of the Alburgh Spring Water. Having been a practising physician at Alburgh, Vt., in the vicinity of Alburgh Springs, for more than thirty years, and having prescribed the "Alburgh Spring Waters" to a large class of patients for nearly the same period, I can speak with some assurance of their medicinal and curative properties.

For all diseases, resulting from Scrofulous taint or affection, I consider these Waters an invaluable remedy. In a long experience, I have never known them to fail to relieve diseases of this class, and I can ordinarily depend on a complete cure. Whether its influence over this obstinate disease be owing to the *sulphuretted hydrogen gas*, with which the water is so strongly impregnated, or to the *sulphate of potassium* held in solution, is a question which I cannot yet determine. The water certainly has, however, to my own knowledge, effected cures of Scrofula, which are justly regarded by the physicians in this vicinity as very remarkable.

Scores of statements from our best physicians, substantially like the foregoing, might be quoted, but space forbids, and we hasten to let those who have been cured, and have the best right to testify, speak for themselves.

ST. ALBANS, VT., January 3, 1868.

For over two years I was troubled with scrofulous swellings and sores, which were draining away my life. My friends as well as myself felt that I must have immediate help, or die. My physicians told me they could do nothing more, and advised me to try the water of Alburgh Springs. I commenced its use in March, 1867, and it was not long before I felt that my disease had received a check. A swelling, which had been very troublesome, began to subside, and at the end of two months entirely disappeared without breaking as others had invariably done. My general health also improved very much, so that I felt quite like a new person, and am now enjoying good health.

DEBORA JEWEL.

ISLE LA-MOTT, VT., February, 1868.

I hereby certify that two years ago external Scrofula appeared

upon the face and head of my little boy, then about three months old. After trying the usual remedies without success, the attending physician advised us to try Alburgh Spring Water. The mother drank it, and bathed the child in it three months, *entirely curing* the disease, and it has never recurred since.

H. H. HILL.

ISLE LA-MOTT, VT., June 20, 1868.

For seven years I have been afflicted with a painful, burning eruption, covering my face and arms, which at length became so troublesome that I could get little rest day or night. The best medical skill I was able to get gave me no permanent relief, and I was nearly crazy. The use of Alburgh Spring Water for three days so far relieved me that I could sleep quietly, and the further use of it for a few months permanently cured me.

EZRA PIKE.

ALBURGH, VT., May 10, 1868.

A boy named Brough, from Plattsburgh, N. Y., was brought to Alburgh Springs a few years since, terribly afflicted with scrofula. His legs, feet, arms and hands were completely covered with sores. His finger and toe-nails were gone, and he could neither wear his shoes nor walk. He boarded at my house and drank the water and bathed in it. After using it in this way two weeks he could wear his shoes, and in about eight weeks he was cured. In 1859, a boy named Judah Ainsworth, from Milton, Vt., was also, to my personal knowledge, cured of a fever sore by using Alburgh Spring Water.

L. S. SOWLES.

Scrofulous Sore Eyes.

Dr. Buck, an eminent surgeon from Illinois, but formerly of Vermont, visiting the springs the past summer, writes to the proprietor as follows:—

ALBURGH SPRINGS, VT., August 17, 1868.

DEAR SIR:—Your note of the 15th inst., asking for a statement of my brother's case, is received; and I take pleasure in presenting you the facts, which are briefly as follows: My brother, Chas. T. Buck, now a resident of Aurora, Illinois, was terribly afflicted with what is usually termed Salt Rheum. It was the worst case of this disease which I ever saw in the whole course of my practice. He was sore almost all over—his hands, arms, legs and head being completely covered with the eruption. It was of long standing (having resisted our best medical treatment), and was very obstinate. We brought him to these Springs in 1841 or '42—I do not now remember which. Here he used the water freely for about two months, at the end of which time he was completely cured, and the disease has never since returned. I attribute his cure solely to the use of the water. I think he both drank and bathed in it.

My faith in this water as a cure for Scrofula is such that I have brought my little daughter here from Illinois to use it. She has

had for a long time serofulous sore eyes, which the best medical treatment failed to relieve. This water is rapidly effecting a cure, and doing all that I could wish. I heartily recommend this water not only for Serofula and Salt Rheum, but also for Dyspepsia and Chronic Rheumatism, to which last disease it seems peculiarly adapted. I am, dear sir, yours truly,

IRA A. W. BUCK, M.D.

SCROFULOUS SORE THROAT.

Nov. 25, 1870.

To Proprietor of Alburgh Springs.

DEAR SIR:—I have used the Alburgh Spring Water for several months for a Serofulous Humor which took the form of canker in the throat, reducing my health and strength to such an extent that my recovery was considered doubtful. The canker has now disappeared and I feel perfectly well. I therefore desire to testify to the curative properties of the water, and to say that I owe my present good health, and perhaps my life, to its use.

93 Court St., Boston.

Yours respectfully,
C. C. BAILEY.

Rheumatism.

The testimony to the efficacy of the Alburgh Waters, as a cure for Rheumatism, is full and satisfactory. We are witnessing almost daily exhibitions of its potency in this direction.

Dr. Reynolds, of Vermont, in the article before alluded to, says:—

I have regularly prescribed these waters also in cases of Chronic Rheumatism, and generally with the happiest results. The water is distinctly alkaline, in which respect it differs essentially, I believe, from any other mineral water in America, and I have not yet found a case of Rheumatism so obstinate as to wholly resist its influence.

Dr. S. S. Clark, of St. Albans, an experienced practitioner, and of high standing in his profession, in a letter of recent date makes the following statements:—

ST. ALBANS, Oct. 27, 1868.

DEAR SIR:—It affords me pleasure to reply to your inquiries relative to the Alburgh Spring Water. I was born in the town of Alburgh, and practised medicine there fifteen years; have therefore had abundant opportunity of observing the effect of the water in numerous cases and upon various diseases; and I can truly say that I know of no mineral water in this country which is equal to it for the cure of Chronic Rheumatism, Cutaneous Diseases, Kidney and Liver Complaints and Serofula. It possesses active diuretic properties, and is in great favor with the ladies as an Emmenagogue or Regulator.

I could refer you also to cases that came under my own treatment, where patients afflicted by Salt Rheum, and nearly or quite covered by the eruption, were cured completely and permanently in six or eight weeks by bathing in and drinking this water.

Rheumatic patients should bathe in the water as well as drink it. I might cite numerous cases of cure; but suffice it to say at this time that I think very highly of the waters for the above diseases, and continue regularly to prescribe it in obstinate cases.

No efforts have ever been made to give it any notoriety, but its popularity has steadily increased until it is now known all over this State as a thoroughly reliable and efficient medicine. Any further inquiries concerning this water will be cheerfully answered, so far as possible, by

Your ob't serv't,

S. S. CLARK, M.D.

Dr. Donaldson, of Worcester, Mass., who has long used the water in his profession, has recently given some very interesting accounts of cures performed by it. Among others he mentions the case of Dea. Phillips, of Fitzwilliam, N. H.

This, says Dr. Donaldson, was one of the worst cases of Chronic Rheumatism within my experience. The patient was an old gentleman, aged seventy-five. His disease was of long standing, and he was quite unable to walk. . . . The use of the Alburgh Water entirely cured him.

The following is from the Rev. C. B. Cady : —

ALBURGH SPRINGS, VT.

Proprietor of Alburgh Springs.

DEAR SIR : — Having been conversant with the curative powers of the Alburgh Spring for over seventeen years, in which time I have witnessed a great variety of cures effected by its waters, I desire to say that I deem your efforts to bring the same within reach of the sick and invalid of our country worthy the encouragement and praise of every lover of humanity. It is a truly humane work, and one in which I can sincerely bid you God-speed. I know of no other mineral water anywhere which acts with equal efficiency upon so many and such obstinate diseases. Upon Rheumatism its effect seems almost magical; certainly some of the cures of this distressing malady which I have seen performed by this water would in former ages have been deemed miraculous. A knowledge of its power to relieve the sufferings of humanity ought to be made known to all men. Your efforts to place this knowledge before them will give you a just claim to their gratitude. May success crown your efforts.

Yours truly,

REV. C. B. CADY.

The celebrated Thomas Watson says : —

In truth, Acute Rheumatism is a blood disease. The circulating blood carries with it a poisonous matter, which, by some mutual

or elective affinity, falls upon the fibrous tissues in particular, visiting and quitting them with a variableness which resembles caprice, but is ruled, no doubt, by definite laws, to us, as yet, unknown.

It is now generally believed, that Rheumatism is one result of uric (or lithic) acid in the blood. If this received opinion be the correct one, as it undoubtedly is, then every medical man must acknowledge that a water, possessing the constituent elements which this does, must be exceedingly beneficial in Rheumatism and kindred affections.

Liver and Kidney Complaints.

The mass of testimony which has accumulated concerning the beneficial effects of this water in diseases of the Liver and Kidneys is very large. We present a few prominent cases.

Dr. Chandler, in connection with the statements before quoted, says:—

For more than fifty years I have been a careful observer of the effects of the Alburgh Water upon various diseases, comprising a great number of *hepatic and renal* derangements. In hundreds of these cases I have *merely* prescribed the daily use of the water; and though I cannot say that cures were *always* effected by it, yet I am certain they were in a *much larger proportion* than by any other method of treatment within my knowledge. My own estimate of its value as a remedial agent in this direction is very high, and I have long wished that its efficacy might be more widely known and appropriated.

The following letter, from a well-known merchant in New York, is of interest in this connection:—

November 20, 1868.

DEAR SIR:—I am pleased to have an opportunity of saying a good word for the old Alburgh Spring, for I believe that I owe my present good health—and perhaps my life—to its waters.

I have visited the springs now for five successive summers, and never without receiving appreciable benefit. My disease has been of a somewhat complicated nature, including kidney complaint and sciatica, both of which the water has cured, and, I think, permanently. I would not miss my annual summer sojourn there for a good deal, for it seems to rejuvenate me and give me a new lease of life. I feel that I cannot speak too strongly in praise of this water, and my friends who have used it are equally enthusiastic.

I am, dear sir, yours truly,

S. A. CLARK,

To A. J. SEVERANCE, Esq.,

15 Dey St., N. Y. City.

Proprietor of the Alburgh Springs.

Bright's Disease of the Kidneys.

The case of Chas. Harvey, Esq., of Alburgh, as stated by both himself and his physician, is a very remarkable one. Mr. Harvey's statement is as follows:—

This is to certify that in the year 1857-8, I was very sick with disease of the liver and kidneys. Few men can have suffered more with the latter complaint than I did. My physician pronounced my case one of the worst that he had ever seen, and gave me but small hope of recovery. I was under the best medical treatment for a year, but gained nothing, and felt that my case was steadily growing more and more hopeless. My physician at last said he had done all he could, and advised me to try the Alburgh Water. I did so, drinking from one to two quarts a day, and bathing in it every morning—though perhaps the latter was unnecessary. I felt no benefit the first week and a half, but from that time forward I improved rapidly, and in about three months I was completely cured, and have since felt no signs of the return of my complaint.

(Signed), CHARLES HARVEY.

MONTPELIER, VT., Feb. 2, 1871.

MR. WILLARD SEARS, BOSTON.

DEAR SIR:—Some thirty years ago we visited Alburgh Springs with a little son of ours, some two or three years old, who was afflicted with a bad humor, that had baffled the best medical skill. We spent some two weeks in use of the waters, and soon the humor disappeared, and he has, up to this time, enjoyed good health.

I am happy to add my testimony to the value of these waters.

Truly yours, C. M. STORRS.

Dyspepsia.

This disease, in some of the innumerable forms of derangement of the digestive functions which the term embraces, is alarmingly prevalent.

It is doubtless true, as physicians charge, that the diet and habits of life of our American people tend to foster and aggravate this disease, particularly those forms of it which result from excess of acidity in the system and depression of the nervous powers.

It is to these almost universal forms of the disease that the *Alburgh Water*, by its alkaline and tonic properties, especially commends itself.

It readily neutralizes the acids in the stomach, and by its alterative and stimulating properties imparts tone and vigor to the digestive organs.

Dr. Reynolds, whose high professional reputation and intimate acquaintance with this water for many years makes his opinion particularly valuable, says:—

The importance of these waters in preventing and curing the manifold forms of Dyspepsia, resulting from acidity, etc., can hardly be over-estimated. I have found them of marked benefit in my own practice.

The following statement of Mr. Ebenezer Severance of Middlebury, Vt., vouched for as correct by his physician, may be of interest to a large class of invalids.

MIDDLEBURY, Vt., Aug. 24, 1868.

This may certify that for more than four years I was the victim of Dyspepsia. I could not keep any but the most light and simple food on my stomach, and even that greatly distressed me. I was exceedingly debilitated, so that the least exercise caused me pain and fatigue, and a constant burning and gnawing sensation at my stomach allowed me but little rest. I was completely unfitted for business, and my constant suffering made life almost a burden. I was also troubled by stone in the bladder, and seriously inconvenienced by inability to retain my urine. Was obliged to get up three or four times every night to urinate.

I was under good medical treatment most of the time, but received no benefit, and it seemed clear that I must spend the remainder of my life an invalid; and I have no doubt that I should have done so, had it not been for the Alburgh Spring Water.

I commenced drinking this water in May last, and used it daily for two weeks without the least perceptible benefit. I drank from a quart to three pints a day in four or five doses. After I had used it for two weeks, however, I began to feel an increased appetite and ability to digest my food. The painful sensation at the stomach gradually disappeared, and my whole system seemed refreshed and invigorated.

After I had used the water six weeks I could eat a good hearty meal with a relish, and not be troubled by it afterwards; and now I think I am as well in all respects as ever I was. I can do a full day's work without pain or unusual fatigue, and I feel at least ten years younger than when I began to drink the water. I have never been to the springs, but had the water sent to me in bottles hermetically sealed. The Kidney trouble has entirely disappeared, and I sleep soundly all night without waking to urinate.

I continued to drink the water until the beginning of the present month, and am confident that I owe my cure wholly to it, and in this opinion my doctor concurs.

EBENEZER SEVERANCE.

The following is from the Rev. Canon Townsend, Rector of the Parishes of St. George and St. Thomas, District of Canada.

To the Proprietor of the Medicinal Springs, Alburgh, Vt.

DEAR SIR:—I beg that you will excuse the seeming liberty I take, as a stranger, in addressing you, but having learned that you have purchased the above springs and intend to bring them more prominently before the public, I desire to say for your encourage-

ment that I have been acquainted with them for a period of fifty-three years, and consider them fully deserving your philanthropic attention.

Their waters have been largely used in the parishes under my charge for many years, and have proved an invaluable remedy in Kidney complaints, Salt Rheum, Dyspepsia, and Scrofulous affections. In my own personal experience and that of my family I have found them almost a specific in cases of Kidney disease and Dyspepsia.

We, here, esteem these waters an invaluable blessing to the community: and in furnishing facilities for bringing them more generally within reach of the sick, everywhere, you are making yourself truly a public benefactor.

Sincerely hoping that your laudable enterprise may be duly appreciated, and attended with complete success, I am, dear sir,

Most respectfully yours,

CANON TOWNSEND,

Rector of the Parishes of St. George and St. Thomas,

Canada East.

Statement of Dr. Hubbard Foster, formerly of Clifton Springs Cure, a physician of great experience and skill:—

BUFFALO, N. Y., Nov. 23, 1870.

WILLARD SEARS, ESQ.

DEAR SIR:—I am in receipt of your note of the 21st inst., asking my opinion of the Alburgh Spring Water. I have used several hundred boxes of the Alburgh Water in my practice during the past two years, and almost universally with beneficial and satisfactory results. I have watched carefully its effects at the springs for the past two seasons, and was assured, in almost every case, of its good effects. I do not hesitate to recommend it in all Humors of the blood, Dyspepsia, and all diseases arising from want of action of the Liver and Kidneys. After a thorough investigation of its comparative merits, I do not hesitate in saying it is the best Mineral Water that I have ever used in my practice. I fully endorse Dr. A. A. Butler's statements, of Plattsburgh, N. Y.

H. FOSTER, M.D.

For Loss or Irregularity of Appetite, Heartburn, Constipation, Flatulency, etc., a tumblerful of this water taken, before breakfast and at night on retiring, will prove a simple and efficient remedy.

Salt Rheum.

This disease, which is often marked with such peculiar obstinacy that all ordinary medication fails to cure it, invariably yields to the influence of this water.

Dr. Chandler says:—

Prominent among the ailments to which the Alburgh Water is peculiarly adapted, are most if not all those troublesome eruptions of the skin, at the head of which stand those popularly known as Salt Rheum and Scald-head.

Dr. Butler, of Plattsburg, N. Y., offers the following as the result of his experience: —

PLATTSBURGH, N. Y., August 1, 1868.

I hereby certify that I have been for several years acquainted with the Alburgh Spring Water of Vermont; that I have prescribed it at different times to a great many patients, and have critically watched its effects upon a variety of diseases. My estimate of it, as a remedial agent, is very high. I think it adapted to a wide range of diseased action, and regard it as the most valuable mineral water with which I am acquainted. I have found it exceedingly efficacious in cases of Scrofula, Chronic Dyspepsia, Chlorosis, and functional derangement of the Liver and Kidneys. *In cases of chronic cutaneous eruptions, it acts like a specific, effecting permanent cures with remarkable promptness.* My experience warrants me in pronouncing it an efficient and reliable medicine for the above-named diseases.

A. A. BUTLER, M.D.

Dr. Clark, of St. Albans, says in a recent letter: —

I could refer you to cases that came under my own treatment, where patients afflicted by Salt Rheum, and nearly or quite covered by the eruption, were cured completely and permanently, in six or eight weeks, by bathing in and drinking this water.

There can be no question as to the fact that this water is a specific for all cutaneous diseases. It is one of the most confident predictions which the intelligent physician makes when he first sees the analysis. The accumulated testimony under this head is so great that it is difficult to select from it. We insert a few of the briefest certificates.

CASE OF MR. WOOD, OF NEW YORK CITY.

Proprietor of Alburgh Springs.

DEAR SIR: — I have a very high appreciation of the water of Alburgh Springs, of Vermont.

In the year 1856 I was a great sufferer, caused by Salt Rheum of 30 years' standing, and after trying in vain all the remedies suggested by the best medical advisers, and being at the time much out of health on account of Jaundice, I was induced to visit the springs and use the water, which I did for three weeks, and returned apparently in good health, and entirely cured of the Salt Rheum. Up to this time there have been no symptoms of return.

You are at liberty to use this certificate in any way you deem best to inform the public as to the wonderful effect of this valuable water.

Yours respectfully,

ABRAHAM WOOD,
158 Pearl Street, New York.

Lupus.

Dr. Donaldson has given an interesting account of the case of Dr. —, of Worcester, who was afflicted with the

dreadful disease called Lupus, in its worst form. He says:—

This disease manifests itself in tubercular swellings of the skin, which may or may not ulcerate; but in this case ulceration had set in in a very malignant form, and it was feared that the disease had passed beyond control. It was of the deep-seated type, and secreted an ichorous matter, which dried up the skin in the form of a scab. It had attacked and was gradually eating away the alæ of the nose, and seemed likely to involve, as it sometimes does, the cartilages and bones.

The secret in the treatment of this disease is the improvement of the functions of the excretory organs—alkaline baths, and an alterative course of medicine. Hence the cure of this case by this water, as it contains alterative properties, and is distinctly alkaline.

It is gratifying to know that a remedy has at last been found for this loathsome and dangerous disease.

Leprosy.

This disease, which resists ordinary medication and is still supposed by many to be incurable, is speedily and permanently cured by drinking and bathing in the Alburgh Spring Water. During the past twenty years numerous cases have been brought to the springs from different parts of the country, *and in no one instance has it failed to effect a permanent cure.*

We cite the two cases on record which are most easily susceptible of proof.

ISLE LA-MOTT, Vt., February, 1868.

This certifies that I have been afflicted with Leprosy for ten years, so that a great deal of the time it was impossible for me to perform any kind of labor. I consulted eminent physicians at different times, but received no benefit, and was finally advised to try the Alburgh Spring Water—which I did in the spring of 1863, with the most wonderful and satisfactory results. My skin, in about three months, became entirely smooth, and I am now free from all traces of my loathsome disease.

ROBERT GARLAND.

ALBURGH, Vt.

In 1865, a Scotch boy was brought to Alburgh Springs, a loathsome leper, so far as he could be in this climate. His hair and eyebrows were gone, and dry, whitish scales covered him. After he had used the water three or four months he was *perfectly healed*, his flesh was restored, and his eyebrows and hair had grown again. His parents, coming there, to see him, did not know him, and when he made himself known they wept for joy at his unexpected recovery. (Signed,) GEORGE W. BEARDSLEY.

The following is from Dea. Geo. W. Chipman, a well-known merchant of Boston.

December 19, 1870.

WILLARD SEARS, Esq.

DEAR SIR:—It affords me great pleasure to acknowledge the beneficial effects received by myself, and especially some of my family from the use of the Alburgh Spring Water.

From this experience, and the testimony of those in whom I have the fullest confidence, I am thoroughly satisfied that it is the best Mineral Spring that I have any knowledge of. In Scrofulous diseases and in Kidney and Liver complaints, I have no hesitation in saying I regard it as a specific. In cases of Dyspepsia in its various forms, this water is invaluable. Cutaneous diseases of almost every description yield to its influence, and are cured. I can most heartily subscribe to all that is claimed for it as a curative agent. The new hotel recently erected near the spring, I am happy to say, affords an agreeable resort for the seekers of pleasure as well as of health.

Truly yours,

GEORGE W. CHIPMAN.

Corner of Court and Hanover Streets, Boston.

It is believed that there is no form of cutaneous disease which this water will not cure, however aggravated or long standing,—though, of course, more time is required in some cases than in others. It acts directly upon the blood and secretory organs; and, by purifying the one and stimulating to healthy action the others, expels disease and leaves the system in its normal healthy condition.

A Case of Syphilis Cured by the Water.

The following important statement is from a letter written a few months since by Dr. C. B. Currier, an experienced and skilful physician at Middlebury, Vt.

MIDDLESEX, September 9th, 1868.

DEAR SIR:—For several months I have used the Alburgh Spring Water very extensively in my practice, and am convinced that it has much real merit as a curative agent. Cutaneous diseases of every description, Chronic Rheumatism, Liver and Kidney Diseases, are the principal ones I have prescribed it for. I have had but one opportunity to use it in Syphilis. This was in the case of a young man who had this disease in its most frightful form. The prepuce had been entirely destroyed by phagademic ulceration, and several large ulcers yet remained on his legs at the time he commenced using the water. The result was all that could be asked for. The patient soon recovered and went about his usual business.

BOSTON, Dec., 1870.

WILLARD SEARS, Esq.

DEAR SIR:—Having passed several weeks at your Hotel at Alburgh Spring; the past summer, I can cheerfully testify to the

benefits produced upon myself and family from the use of the Alburgh Spring Water. I have no hesitation in stating, from my own experience and observation, and the testimony of others visiting them, that in cases of Chronic Biliousness, Dyspepsia, Rheumatism, Liver and Kidney complaints, Salt Rheum and Cutaneous Eruptions of various kinds, that rapid relief and cure follow the frequent and continued use of this water. I can fully and conscientiously recommend its use to any one afflicted with humors in their system, believing it the best Mineral Water known in this country for such complaints.

Yours truly,
27 Worcester Street, Boston.

CHARLES H. HUNT.

Gravel, or Stone in the Bladder.

The fact that we have here in America a natural spring whose waters will dissolve and effectually expel from the system the urates already deposited, is worthy of special notice, and is naturally exciting peculiar interest.

That the Alburgh Spring Water does possess this power there can be no longer any doubt. The fact is established upon foundations too firm ever to be overturned; it is one of those stubborn things which can be neither sneered nor argued away, and the truth of which is established by evidence not to be refuted.

We have before alluded to the agency of the Alburgh Water in the prevention of urate formations, and we wish now to be distinctly understood as claiming that it will not only arrest the formation and deposit of urates, but will dissolve and expel them when already deposited in the form of stone in the bladder.

Our proofs upon this point are full and convincing.

Dr. C. B. Carrier, of Middlebury, Vt., has given an account of one of the worst cases of this sort, which came under his own treatment. We quote briefly from his account:—

I had one of the most obstinate cases of Urinary Calculus or Stone in the Bladder. The patient was continually passing the worst forms of calculi, causing the most excruciating pain ever experienced. He suffered fourteen months, his disease resisting the best medical skill both in city and country, until at last I prescribed the Alburgh Spring Water, which entirely cured him.

Dr. C. will cheerfully give the details of this case to any one who may desire further particulars concerning it.

See also the case of Mr. Ebenezer Severance.

Whether the remarkable, solvent power of this water—unequalled by any other spring yet discovered in this coun-

try, and unsurpassed, it is believed, by even the famous springs of the Old World — is to be ascribed wholly or in part to the Lithia contained in it, is a question which the chemists have yet to settle. We can only furnish proof as to the *more material fact of its possession of the solvent power, from whatever source derived.*

But, perhaps, the most remarkable cure of Urinary Calculus, effected by this water, was in the case of A. G. Severance. He was very sick for nearly a year with a serious complication of disorders, including Dyspepsia, Rheumatism, and Gravel, the latter of which nearly cost him his life. He had this disease in its most obstinate form. Dr. Willard Parker of New York, his physician at the time he commenced using the water, has now in his possession urinary calculi nearly the size of small peas, which he passed with intense suffering through the urethra.

His attacks of acute Rheumatism were frequent and prolonged, and from both these diseases he was for ten months one of the greatest sufferers probably that ever lived. Added to this, Dyspepsia (the result, perhaps, of the generally disordered state of his system) prevented his taking nearly all nutriment; and as the lapse of months and the skill of the best physicians failed to afford him any relief, it is not strange that he felt that the probabilities of his being able to endure much longer were sadly against him.

He had often been urged to drink the Alburgh Water, but was of those who put but little confidence in the virtue of mineral waters, particularly for such desperate cases as his; and he had declined to use it, believing that though it might remove or alleviate some diseases, if taken at their inception, it could not effectually reach his case. At last, however, when all other remedies upon which he had relied had failed, this water was so strongly recommended to him by physicians who had witnessed its efficacy in like cases, that he consented to try it. The water was sent to him at New York in the usual form, and he drank, as directed, about one quart per day at first, and as he grew stronger increased the quantity to nearly two quart bottles per day. The effect was wonderful. In one month's time he felt like a new man. Rheumatism had disappeared, and with it the worst symptoms of Dyspepsia. His appetite returned and food nourished him. But it was in its effect upon the Kidney disease that the great power of the water was most manifest. It seemed to arrest at once the morbid, fevered action of those organs, and to soothe and heal the inflamed ureter, left wounded and sore by the passage of the calculi from the kidneys to the bladder; and it dissolved, or at least disintegrated, the remaining calculi. It is certain that, at the end of two months from the time he first commenced using the water, all his ailments had disappeared and he considered himself a well man; nor has there ever been any recurrence of his old complaints.

He can attribute his cure to nothing but the water; for, when he began to drink it, he was in a most pitiable condition, and he afterwards used no other medicine. His physician also agrees with him in ascribing his cure to the water.

Female Complaints.

The reputation of this water for those ills to which women are peculiarly liable is as old and well established as in other directions.

It is invariably safe and efficient in cases of irregularity or suppression, and is justly held in high esteem by the ladies. See Dr. Clark's letter. Dr. Chandler also says:—

In the form of disease to which young females are liable, popularly known, I think, as green sickness, *I have found the Alburgh Water an invaluable remedy, seldom, if ever, failing to induce the delayed or restore the suspended healthy functions of the system.*

Dr. Reynolds also says in summing up his careful observations upon the varied effects of this water:—

It possesses more active diuretic properties than any water with which I am acquainted, though it acts at the same time as a mild tonic. *I have never known one instance, out of hundreds of cases, where this water has failed (no organic lesion existing,) to restore "Catamenia," in cases of suppression, or to bring it on at a suitable age when tardy in its appearance.*

Additional proofs of the efficacy of the water in this direction might be adduced, but it is only intended to allude to the subject here. The ladies may be assured, however, that the water is deserving of their fullest confidence.

Alburgh Spring Baths.

Although the water taken internally alone will cure every disease for which it is recommended, yet in many cases the cure will be greatly accelerated by external applications. This is particularly true in cases commonly known as Scrofula and Salt Rheum, also all cutaneous diseases; and in very obstinate cases the hot sheet or vapor baths might be absolutely essential. 'Tis certain that the Alburgh Water Baths have a very invigorating effect, and must greatly aid nature in her task of expelling disease. Patients who visit the springs will find hot, cold, and vapor baths, fitted up on the most approved plan, for their convenience.

All European medicinal waters are used freely in the form of baths, and so here, in cases where it is possible for the invalid to do so, it is undoubtedly better for him to go to the springs and use the water, both externally and internally, fresh from its source.

Accommodations, etc., at the Springs.

Some allusion has already been made to the peculiar natural charms which Alburgh offers as a summer resort, and the public are assured that no pains will be spared on the part of the proprietor to make the various hotel and other accommodations worthy of the place and equal to the comfort of his guests.

Time for Drinking the Water.

Three or four tumblers a day is the quantity of water commonly drank, amounting, say, to one quart bottleful. It should be taken at least half an hour before eating, and some of the best German authorities recommend the evening as the best time for drinking mineral waters. But experience is the best guide, as different diseases and constitutions demand different treatment.

For old chronic diseases, the amount taken per day should be less than for diseases of the opposite class. Persons having complaints of only a few weeks' or months' standing should ordinarily drink half a pint at a time, four times a day, that is, before each meal and on going to bed. To relieve nausea, heartburn, flatulency, acidity, dizziness, etc., only one gill should be taken at first, and repeated in half an hour. For most chronic diseases half a pint, twice a day (before breakfast, and on going to bed) will be sufficient: though in cases of kidney complaints and gravel of long standing, the larger quantity, of half a pint, four times a day is preferable.

Aggravated symptoms of disease often follow the first few doses, and in all such cases the quantity should be diminished to about half a pint a day, and very gradually increased. Some of the most happy cures have been effected upon patients with whom the water at first disagreed.

Important Suggestions.

Patients must not expect to be cured of diseases of long standing, or which arise from impurities of the blood, — particularly if hereditary, by the use of a single case of water. The unreasonableness of such an expectation (which seems, however, not an uncommon one) is apparent when we reflect that cure in such cases involves an entire renovation of the system, and elimination from it of its poisonous impurities. Yet, in evident disregard of this

fact, many invalids are impatient and well-nigh discouraged, if, after using a few gallons of the water, they are not at once freed of all ill symptoms, and restored to perfect health. Others, again, purchase a case of the water, containing twenty-four quart bottles, which ought to be all used up in about as many days, and instead of taking even this quantity regularly and according to directions, they drink a little now and then, whenever they happen to feel worst, and at the end of two months they have the water (and, it is hardly necessary to add, the disease also) still on hand. Now, no medicine taken in this way can ever be productive of good. Nature demands that the remedies employed to aid her in struggling with disease shall be applied with regularity and perseverance; and the patient who seeks restoration to health must be faithful and liberal in the use of this invaluable remedy. The invalid should also bear in mind, that it is useless to look for the cure of disease, while the habits which cause or aggravate it are still allowed. All pernicious indulgences (among which are eating exciting food, particularly at unseasonable hours, the use of alcoholic stimulants, tobacco in every form, and in most cases tea and coffee) should be dropped the moment a patient resolves upon a course of medical treatment; and every habit injurious to the general health should be discontinued. This being done, the natural forces of the system are left free and unburdened to join their new ally (in the shape of the well-chosen medicine), and expel the disease.

The following is from Hon. H. Hosford, for several years Mayor of Lowell:—

LOWELL, MASS., January 25, 1871.

WILLARD SEARS, ESQ., BOSTON.

DEAR SIR:—I first used Alburgh Spring Water, when I was but fourteen years old (more than thirty years ago), and was completely cured of the Salt Rheum; have since used it for impurities of the blood, and have been greatly benefited thereby.

Very respectfully yours,

H. HOSFORD.

Caution.

The surprising rapidity with which successive “mineral springs” (so called) have been discovered in this state within the past few years renders this caution necessary.

The genuine Alburgh is packed in cases of twenty-four

quart bottles, each bottle having the words "Alburgh Springs, Vt.," encircling the letter "A," blown on one side.

Each bottle is hermetically sealed with black wax, and is warranted to keep unchanged for any number of years in any climate.

The strong boxes, in which the bottles are packed, have the mark,

ALBURGH SPRING
"A"

WATER,

stamped upon them, and will continue to bear this trademark, with such other additional device as the proprietor may see fit to adopt.

BUSINESS ORDERS.

All orders or inquiries for the Alburgh Spring Water should be addressed to the local agents.

All agencies of water, shipments of same, from the springs, and matters in general, should be addressed to Willard Sears, proprietor of Alburgh Springs, Vt., 142 Washington Street, Boston, Mass., except in July, August, and September, when his address will be Alburgh Springs, Vt.

Where the Alburgh Springs Water

CAN BE OBTAINED.

Mess. BURR & PERRY, 26 Tremont Street, Boston.

" RUST, BROS. & BIRD,

43 Hanover Street, Boston.

CAMPBELL HOUSE, 6 Wilson's Lane, Boston.

J. DYER, cor. Concord St. and Shawmut Ave., Boston.

HOYT, BLANCHARD & CO.,

203 Greenwich Street, New York.

Dr. HUBBARD FOSTER,

31 Franklin Street, Buffalo, N. Y.

Dr. HENRY FOSTER, Clifton Springs, N. Y.

Mess. JOHNSON, HOLLAWAY & COWDIN,

602 Arch Street, Philadelphia, Penn.

C. P. FISKE, 249 South Clark Street, Chicago, Ill.

Mess. FARRAND, SHERLEY & CO., Detroit, Mich.

WILLIAM WASTEN, Port Huron, Mich.

AND OF THE PROPRIETOR,

WILLARD SEARS,

No. 142 Washington Street, Boston Mass.

Alburgh Springs House.



Lithia and Sulphur Waters

ON

Missisquoi Bay, Lake Champlain

ON THE LINE OF THE VERMONT CENTRAL R. R.

At Alburgh Springs, Vt.

16 MILES NORTH OF ST. ALBANS.

Unsurpassed for Health or Pleasure.

BOATING AND FISHING, &C.